

Go Red for women

Go Red for you

Friday, February 5, 2010

Forsyth Medical Center, home to the Sara Lee Center for Women's Health, is proud to be the local sponsor of the American Heart Association's Go Red for Women movement, which challenges women to learn about their heart disease risk and take action.

National Wear Red Day for Women will be celebrated on Friday, February 5. Consider attending the following events that day. Bring a female friend with you and wear red together to show your support!

- **Winston-Salem Go Red for Women Day ceremony with Mayor Allen Joines**

11 a.m., City Hall, 101 N. Main Street, Winston-Salem
For information, call the American Heart Association at 336-662-1364.

- **FREE Dare to C.A.R.E. Peripheral Artery Disease education program and screening, just for women**

Led by physicians, this two-part program on February 5 and 6 will include a free screening to examine arteries in your neck, abdomen and legs.

Forsyth Medical Center Conference Center, 3333 Silas Creek Parkway, Winston-Salem.

To register, call 1-888-844-0080 and specify the Dare to C.A.R.E. program.

To learn more about Go Red for Women, go to www.goredforwomen.org.



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