



Forsyth Rehabilitation Center is an inpatient rehabilitation facility located in the Whitaker building on the campus of Forsyth Medical Center. We deliver the most remarkable patient experience, in every dimension, every time.

Forsyth Rehabilitation Center provides services to patients regardless of race, creed and ethnic origin. Decisions related to admission, transfer and discharges are based upon the patient's needs and the ability of Forsyth Rehabilitation Center to meet such needs. To be admitted as an inpatient, a patient must:

- Be at least 18 years old and able to breathe without a ventilator
- Require daily physician medical management and 24-hour nursing care
- Be able to participate in three non-consecutive hours of therapy per day

We have excellent outpatient clinics including:

- Audiology testing and hearing aid clinic
- Lymphedema clinic
- Driving rehabilitation clinic
- Wheelchair and seating clinic
- Low vision clinic
- Augmentative communication clinic

The inpatient medical rehabilitation and stroke specialty programs at Forsyth Rehabilitation Center received a three year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) in 2010.

Educational Accomplishments of Staff

- **Receiving a Nurse Practitioner degree:**
Phyllis Coconis, RN, MSN, NP
- **Receiving a Bachelor of Science in Nursing:**
Cindy Craddock, RN, BSN, CRRN

Staff Involvement in Our Community

- Led caregiver support group for community participation
- Provided education to the general public about treatment of stroke survivors, balance and posture
- Provided screenings for the community through the Healthy Living Expo and other events for low vision, hearing, balance, cognition and more
- Members of AOTA, APTA, ASHA, ANA, NCPTA, NCOTA and NCTRA
- Staff worked on the United Way campaign
- Participated in the March of Dimes Walk, the American Heart Association Walk, the Walk for the Cure (JDRF) and the Healthy Active Adults Day
- Staff acted as an interpreter for the free clinic in Winston-Salem
- Staff represented their profession at career days at local schools
- Staff participated in the Explorer and Junior Volunteer programs to expose students to rehabilitation careers
- Staff provided a presentation at the FMC Stroke Symposium

Service of Staff in Elected Offices in Professional Organizations

- **Tammy Hudson, RN, CRRN, MHA**, President, Greater NC Chapter of Association of Rehabilitation Nursing
- **Jodi Shields, PT**, Co-chair of Triad District Chapter of the North Carolina Physical Therapy Association
- **Mary Kroohs, PT, CWS**, Co-Chair of the North Carolina Physical Therapy Association Acute Care Section Special Interest Group
- **Janie Roland, RN, CRRN, BSN, MHA**, Board Member At Large, Greater NC Chapter of Association of Rehabilitation Nursing

Awards Given to Staff

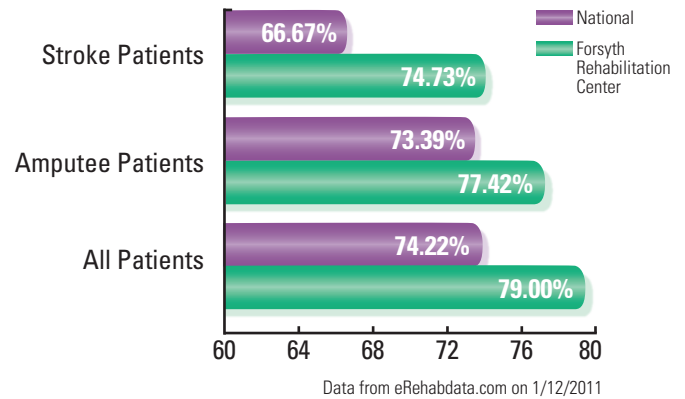
- **Career Ladder Achievements:**
Achieving Registered Nurse Clinical Ladder: Lisa Teague, RN
Achieving Level Five Therapy Clinical Achievement: Stephanie Rehm, PT, DPT, GCS
Achieving Level Three Therapy Clinical Achievement: LaRona Jones, MHS, OTR/L; Stephanie Johnson, PT, GCS
- **Circle of Excellence Awards from Novant Health:** Kristen Brown, PT; Linda Smith, RN; Danielle Wooten, PTA
- **Winner of Winston-Salem State University Clinical Instructor of the Year Award:** Miranda Bunge, PT
- **Adjunct Faculty, Winston-Salem State University:** Sanchala Sen, OTR/L, MS
- **Adjunct Clinical Instructor, Guilford Technical Community College:** Chancey Sumner, LPTA, BS

For more information on Forsyth Rehabilitation Center and services, please call **336-718-5780** or visit us online at www.ForsythMedicalCenter.org/rehab.

Clinical Achievements

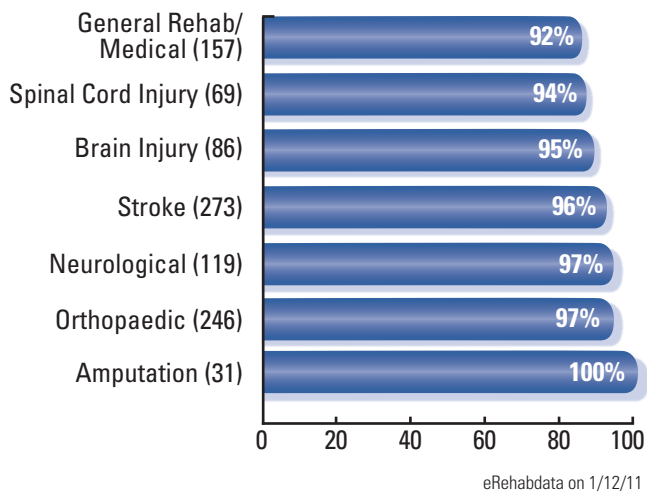
- Discharged 981 patients
- 96% of all patients showed improvements in Functional Independence Measure (FIM) scores from admission to discharge
- 92% of surveyed discharged patients rated the overall quality of care as excellent or very good on a Professional Research Consultants (PRC) survey.
- Surpassed the 2010 national average for percent of patients discharged to the community by 4.8% for all patients as measured by eRehabdata on 1/12/2011
 - Surpassed the national average for stroke patients by 8.1%
 - Surpassed the national average for amputee patients by 4%

2010 Percent Discharged to the Community



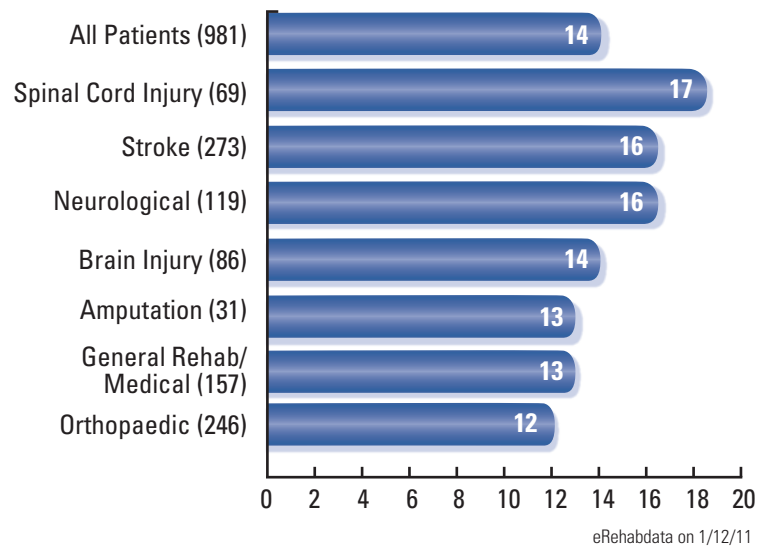
2010 Percentage of Patients Whose Functional Independence Measure (FIM) Scores Improved by Diagnosis

(Number of Patients)



2010 Average Length of Stay in Days by Diagnosis

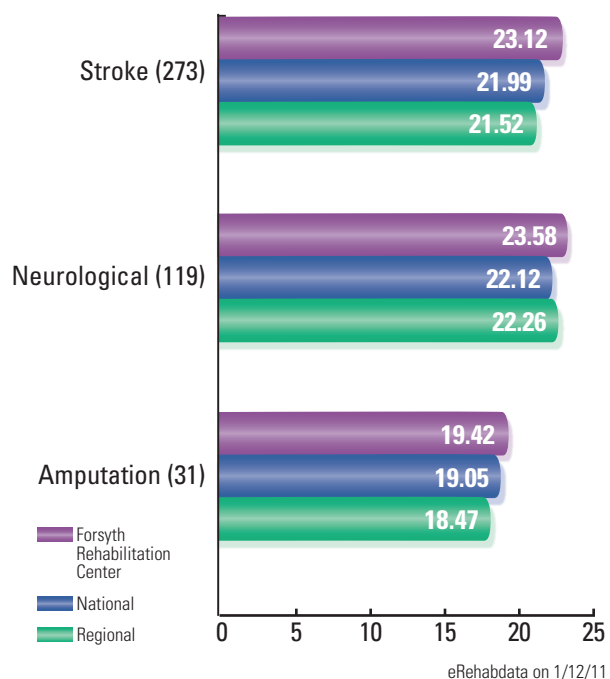
(Number of Patients)



2010 Report Card

2010 Functional Independence Measure (FIM) Change from Admission to Discharge by Diagnosis: Forsyth Rehabilitation Center Compared to National and Regional Scores

(Number of Patients)



Research at Forsyth Rehabilitation Center

- Ongoing research into employee perceptions of the impact of an electronic documentation system
- Continued partnership with Elon University Physical Therapy department for a research study titled "The Use of Ultrasound Imaging for the Assessment of Muscles of the Anterolateral Abdominal Wall in Persons with Hemiparetic Stroke"

Presentation of the Following

- Association of Rehabilitation Nurses conference, "Reducing Polypharmacy in Older Adults; Too Much, Too Little, Too Late," poster presentation, Cynthia W. Craddock, RN, BSN, CRRN, Sandra C. Dorr, RN, BSN, Gladys B. Campbell, RN, MSN, CNRN
- Winston-Salem Multiple Sclerosis Support Group, "The Benefits of Physical Therapy for People with Multiple Sclerosis," Randy Harper, PT
- Forsyth Medical Center Stroke Symposium, "Aquatic Therapy and Stroke Rehabilitation," poster presentation, Sandy Fortson, PTA, Lynn Watkins, PT, MSPT, Randy Harper, PT
- Greater NC Chapter of Association of Rehabilitation Nursing, "Neurodevelopmental Treatment for Strokes and Nursing," Chancy Sumner, LPTA, BS

2010 Diagnosis Percentages (Number of Patients)

